

## ABOUT EQUIPPED HYDRATION & WELLNESS

At Equipped Hydration & Wellness, we believe education is the foundation of transformation.

We provide evidence-based IV vitamin therapy, metabolic wellness programs, and health education that empower individuals and organizations to take control of their well-being — one informed choice at a time.

## MISSION

To educate, equip, and empower communities to thrive through proactive wellness.

We partner with individuals and corporate wellness programs to help people break cycles of fatigue, poor nutrition, and preventable illness — fostering healthier, more productive workplaces and communities.

## Geneva Miller, RN, MSN

FOUNDER, EQUIPPED HYDRATION & WELLNESS WELLNESS EDUCATOR & HEALTH ADVOCATE



## **FOUNDER STORY**

After losing her mother to cancer and personally battling obesity, Geneva Miller realized the critical need for proactive wellness education.

She founded Equipped Hydration & Wellness to bridge the gap between medical science and everyday health habits — making wellness approachable, sustainable, and empowering.

Her nursing background and passion for community health have made her a trusted educator and speaker in the wellness space.